

SUBJECT: PROCLAMATION DESIGNATING JULY 2024 AS PARKS AND RECREATION MONTH

DATE: JULY 9, 2024

PRESENTED BY: ADAM BLACKMORE, DIRECTOR OF PARKS, RECREATION & OPEN SPACE

SUMMARY:

Each July, the National Recreation & Park Association encourages local communities to celebrate National Park & Recreation Month to recognize the multitude of benefits Parks & Recreation contribute to the nation and to local communities. The theme for Parks & Recreation Month 2024: ***Where You Belong.***

FISCAL IMPACT:

None

RECOMMENDATION:

Proclaim July 2024 as Park & Recreation Month in the City of Louisville.

ATTACHMENT(S):

1. Park & Recreation Month Proclamation, July 2024



**A PROCLAMATION DESIGNATING JULY 2024 AS
PARKS AND RECREATION MONTH**

WHEREAS, parks and recreation is an integral part of communities throughout this country, including the City of Louisville; and

WHEREAS, parks and recreation promotes health and wellness, improving the physical and mental health of people who live near parks; and

WHEREAS, parks and recreation promotes time spent in nature, which positively impacts mental health by increasing cognitive performance and well-being, and alleviating illnesses such as depression, attention deficit disorders, and Alzheimer's; and

WHEREAS, parks and recreation encourages physical activities by providing space for popular sports, hiking trails, swimming pools, and many other activities designed to promote active lifestyles; and

WHEREAS, parks and recreation is a leading provider of healthy meals, nutrition services and education; and

WHEREAS, park and recreation programming and education activities, such as out of school time programming, youth sports, and environmental education, are critical to childhood development; and

WHEREAS, parks and recreation increases a community's economic prosperity through increased property values, expansion of the local tax base, increased tourism, the attraction and retention of businesses, and crime reduction; and

WHEREAS, parks and recreation is fundamental to the environmental well-being of our community; and

WHEREAS, parks and recreation is essential and adaptable infrastructure that makes our communities resilient in the face of natural disasters and climate change; and

WHEREAS, our parks and natural recreation areas ensure the ecological beauty of our community and provide a place for children and adults to connect with nature and recreate outdoors; and

WHEREAS, the U.S. House of Representatives has designated July as Parks and Recreation Month; and

WHEREAS, the City of Louisville recognizes the benefits derived from parks and recreation resources.

NOW THEREFORE, BE IT RESOLVED BY the City Council of the City of Louisville that July 2024 is recognized as **Parks and Recreation Month** in the City of Louisville.

DATED this 9th day July, 2024

Christopher M. Leh, Mayor

ATTEST:

Meredyth Muth, City Clerk