

Louisville Recreation Center Gym-Jan

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY		
	North	South	North	South	North	South	North	South	North	South	North	South	North	South	
6:00 AM															6:00 AM
		FITNESS	PICKLEBALL			FITNESS	PICKLEBALL			FITNESS					
7:00 AM															7:00 AM
	OPEN GYM	FITNESS				FITNESS				FITNESS					
8:00 AM															8:00 AM
		FITNESS			PICKLEBALL							PICKLEBALL			
9:00 AM								FITNESS			OPEN GYM				9:00 AM
10:00 AM										PICKLEBALL					10:00 AM
	PICKLEBALL														
11:00 AM													TABLE TENNIS		11:00 AM
12:00 PM			ADULT BASKET BALL		PICKLEBALL LESSONS		OPEN GYM		ADULT BASKET BALL		OPEN GYM			OPEN GYM	12:00 PM
1:00 PM															1:00 PM
2:00 PM			PICKLEBALL							OPEN GYM					2:00 PM
3:00 PM							OPEN GYM				OPEN GYM		OPEN GYM		3:00 PM
4:00 PM										PICKLEBALL					4:00 PM
	OPEN GYM		FITNESS												
5:00 PM															5:00 PM
6:00 PM					TABLE TENNIS										6:00 PM
7:00 PM			ADULT BASKETBALL												7:00 PM
8:00 PM															8:00 PM
9:00 PM															9:00 PM

KEY	
FITNESS	TABLE TENNIS
DROP IN	PROGRAM
	PICKLEBALL

Boot Camp, TRX, Pickleball, and adult basketball are all drop-in activities included with admission.