

# Welcome to Summer Day Camp

Louisville Recreation & Senior Center



# Questions & Answers

You may e-mail Mandy [mandyp@louisvilleco.gov](mailto:mandyp@louisvilleco.gov)

During the summer, we recommend you speak with your Assistant Directors who are in camp each day.



**Mandy Perera**

Recreation Supervisor | Youth (Yr 25)

# General Information

- ▶ Monday through Thursday | 8:00am-4:30pm
- ▶ 2024-2025 School year children in grades K-5
- ▶ Camp home base is the turf gym, turf lot and playground on the South side of the facility | TIP: park by the playground and enter at the large garage door
- ▶ Other areas of the Recreation & Senior Center are utilized
- ▶ Camp webpage [www.LouisvilleRecreation.com](http://www.LouisvilleRecreation.com)
  - FAQ
  - Camp Handbook
  - Highlights Calendars

Camp Cell Phone  
720-614-9539



# Goals for camp

- ▶ Create a safe, caring, welcoming & inclusive environment
- ▶ Provide positive guidance techniques and assist campers in developing their own problem solving skills and self confidence
- ▶ Opportunities for new experiences and growth
- ▶ Friendships & fun
- ▶ Sense of belonging



# Illness Prevention

How you can help:

- ▶ Keep campers home with any sign of illness
- ▶ E-mail [mandyp@louisvilleco.gov](mailto:mandyp@louisvilleco.gov) to report illness and exposure. Include:
  1. Circumstances / Symptoms
  2. Day and time symptoms began



# What to bring to camp

## Everyday

- ▶ Lunch with icepack if needed, 2 snacks & a leak-proof water bottle
- ▶ Wear play clothes and sneakers
- ▶ Sun protection: covered shoulders, hat, glasses are recommended
- ▶ Book to read
- ▶ All items kept in a backpack that is a manageable size for your camper

## Swim Days | Tuesday & Thursday

- ▶ Swim suit under clothes
- ▶ Dry change of clothes
- ▶ Towel
- ▶ Goggles are optional

Swim shirts are provided for the day



# What NOT to bring to camp

- ▶ Open toe shoes or Crocs- they do not provide adequate support and safety for running & playing
- ▶ Hand sanitizers
- ▶ Individual sunscreen (unless approved by Assistant Directors)
- ▶ Valuables
- ▶ Toy or real weapons

# What to expect at Check-In & Check-Out

## Check-In | Turf Gym Garage Door at the South East side of the facility

- ▶ Parents apply first coat of sunscreen before/at check-in, sunscreen will be reapplied throughout the day
- ▶ Parents answer sunscreen application question on their ePACT app to expedite check-in
- ▶ Doors open and Check-in begins at 8am | please arrive by 8:45am in order for your camper to take part in the morning camp meeting
- ▶ Check-in at the Welcome Table inside the Turf Gym Garage Door
- ▶ 8am-8:45am | Free Choice Time
- ▶ If arriving late, please call the camp cell phone for check-in location

## Check-Out | Turf Gym Garage Door at the South East side of the facility

- ▶ Small Group activities generally wrap up at 4pm | 4pm-4:30pm Free Choice Time
- ▶ Check-out at the Welcome Table in the Turf Gym

# What to expect at Check-In & Check-Out

Campers with written permission to check in/out without a parent

- ▶ Parents may indicate on ePACT if their camper is permitted to sign themselves in and out of camp
- ▶ Per state recommendations, this is only for campers age 8+
- ▶ Campers are expected to arrive by 8:45am and will not be released until 4:30pm without written permission of a change request
- ▶ Once checked in, campers must stay in the care of camp staff at all times until check out.

Campers must be picked up by 4:30pm.  
Repeated late pick-ups will result in a meeting  
with the Recreation Supervisor and enrollment  
may be cancelled with no refund/credit.

\$10 for 1-5 minutes late  
\$30 for 6-15 minutes late  
\$60 for 16-30 minutes late



# Typical day at camp

- ▶ Friendships & Fun
- ▶ Crafts
- ▶ Games/Sports
- ▶ Outdoor Play | Playground | Arboretum
- ▶ Guest Presentations
- ▶ Field Trips
- ▶ Swim Days at LRC
- ▶ Reading/Quiet Activities



# Field Trips

- ▶ Wednesdays | Arrive by 8:45am to prepare for departure
- ▶ Camp calendars posted online and at Camp Welcome Table include location, times and any special notes
- ▶ Wear Green Summer Day Camp T-shirt | Given out 1<sup>st</sup> week attending camp
- ▶ Backpack large enough to carry lunch & water bottle, and is manageable for camper to carry independently



# Swimming | Louisville Recreation Center

- ▶ Tuesdays & Thursdays | 1:30-3:30pm
  - ❑ RED SWIM BAND for campers less than 3'6" at the shoulder | permitted access to zero depth side of the splash pool
  - ❑ NO SWIM BAND for campers taller than 3'6" at the shoulder | additional access to basketball hoop, lazy river in splash pool.
  - ❑ GREEN SWIM BAND Campers who have passed a Summer Day Camp swim test with a LRC lifeguard | additional access to basketball hoop, lazy river & zip line side of splash pool and program pool.
- ▶ Swim test is optional. There is lots to do in the zero depth pool with lots of campers and staff playing.
- ▶ All campers and counselors wear a Summer Day Camp rash guard, issued for the day
- ▶ Counselors actively supervise and participate in the water with campers in rotating stations
- ▶ Campers arrive to camp in swim suit under clothes with a towel and change of clothes in backpack
- ▶ If campers would like to shower, they must stop swimming by 3pm in order to have time, talk with a Assistant Director



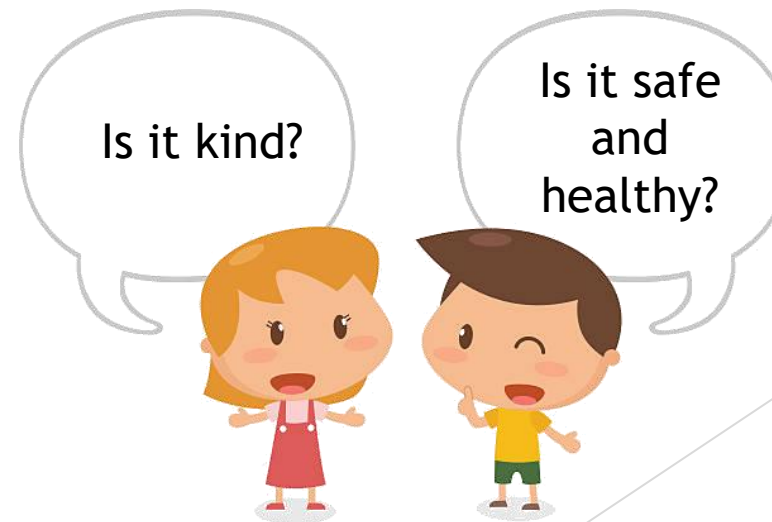
# Special Activities & Guest Presentations



# Guidance

- ▶ Goal: safe & supportive environment while reinforcing social skills
- ▶ Establish relationships, positive social interactions
  - We encourage campers to talk with counselors about anything that concerns or worries them in camp*

- ▶ Seek and reward the positive | Power Points
  - Empathy, perseverance, fairness, leadership, integrity, generosity, courage
- ▶ Natural and logical consequences
- ▶ Model and teach problem solving skills and communication
- ▶ Clearly stated expectations/directions
- ▶ Redirection
- ▶ Staff spread out to supervise multiple areas
- ▶ Restorative justice
- ▶ Talking with parents
  - Above/Below and Bottom Line Behaviors
  - Oops Slip



# Pre-existing Condition | Allergies | Medications

- ▶ Allergy area/table for those who bring items with identified allergies- most often are nuts/nut butters.

Example: A camper has a trail mix with nuts for snack, that camper will sit in the allergy area and clean their hands before returning to play. A counselor is always in the allergy area/table.

- ▶ Medications during camp hours
  - ❖ Specific paperwork completed by health care provider and parent/guardian uploaded in ePACT
  - ❖ Medication in original, pharmacy labeled container
  - ❖ Non-expired



# Safety is a priority

- ▶ Training
- ▶ Monitoring
- ▶ Mandatory Reporters of suspected child abuse or neglect
- ▶ Body Safety Rules
- ▶ Physical contact should be limited to that necessary to teach a skill, treat or prevent an injury, or console or congratulate a child
- ▶ Facility video surveillance
- ▶ Zero tolerance for bullying

*National Centre Against Bullying definition of bullying: when an individual or a group of people with more power, repeatedly and intentionally cause hurt or harm to another person or group of people who feel helpless to respond. Bullying can continue over time, is often hidden from adults, and will probably continue if no action is taken.*

# Sunscreen

*We take protection from the sun seriously by adhering to a strict sunscreen application protocol, encouraging sun protection and providing swim shirts. Camp uses Rocky Mountain/Coral Isles Sunscreen*

- ▶ Required: Apply first coat of sunscreen before dropping off your camper
- ▶ Recommended: Clothing that provides sun-protection (hats, covered shoulders)

- ▶ **Product Benefits**

- ▶ Broad Spectrum 400nm UVA/SPF 50 U'
- ▶ Water Resistant (80 minutes)
- ▶ Hypoallergenic and Fragrance Free
- ▶ Greaseless and noncomedogenic



**Active Ingredients:** Avobenzone—3.0%, Homosalate—15.0%, Octisalate— 5.0%, Octocrylene—10.0%

**Inactive Ingredients:** Alcohol Denat., Acrylates/Octylacrylamide Copolymer, Stearoxytrimethylsilane, Aloe Barbadensis Leaf Extract, Tocopherol, Glycerin, Caprylic/Capric Triglyceride, Diethylhexyl Syringyldenemalonate.

- ▶ Personal sunscreen is permitted with approval from Assistant Director. Sunscreen must be provided in the original container with your camper's first and last name and stored with camp counselors and not carried by campers.



# Camp Staff

- ▶ We seek to hire staff with a variety of interests and backgrounds: most staff are high school & college students and occasional professional school district staff.
- ▶ 15+ Hours of Training  
Ex: Guidance, child development, leading games, communication, child abuse & neglect, safety, First Aid, CPR and Universal Precautions
- ▶ At the helm, Mandy Perera, Recreation Supervisor  
20+ summer supervising Summer Day Camp, 30+ years in recreation

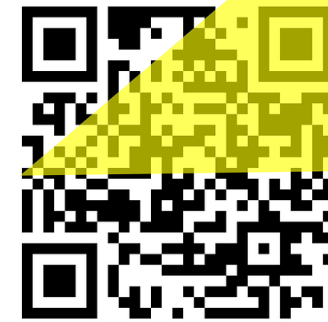


# New Camper Information Database

## ePACT

- ▶ Digital paperwork process
- ▶ Streamline and simplify the process
- ▶ Make any needed updates online for real-time updates
- ▶ QR Code for check in and check out
- ▶ Pre-load daily sunscreen question
- ▶ Easy to update each year
- ▶ Used at many Colorado child care programs

**DOWNLOAD YOUR WEB-BASED APP**



ePACT 

# Contacts

- ▶ Assistant Directors: To be hired  
Camp Cell Phone: 720-614-9539
- ▶ Recreation Supervisor: Mandy Perera  
E-mail: [mandyp@louisvilleco.gov](mailto:mandyp@louisvilleco.gov)  
Office: 303-335-4902
- ▶ Louisville Recreation & Senior Center  
900 W Via Appia Way  
[www.louisvillerecreation.com](http://www.louisvillerecreation.com)  
Front Desk: 303-666-7400



Thank you for choosing Summer Day Camp,  
we look forward to seeing you soon!

