

Louisville Recreation Center Gym-Jan

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY		
	North	South	North	South	North	South	North	South	North	South	North	South	North	South	
6:00 AM															6:00 AM
		FITNESS	PICKLEBALL			FITNESS	PICKLEBALL			FITNESS					
7:00 AM															7:00 AM
	OPEN GYM	FITNESS				FITNESS				FITNESS					
8:00 AM															8:00 AM
		FITNESS			PICKLEBALL							PICKLEBALL			
9:00 AM								FITNESS							9:00 AM
											OPEN GYM				
10:00 AM										PICKLEBALL					10:00 AM
	PICKLEBALL														
11:00 AM															11:00 AM
													TABLE TENNIS		
12:00 PM															12:00 PM
			ADULT BASKET BALL		PICKLEBALL LESSONS		OPEN GYM		ADULT BASKET BALL		OPEN GYM			OPEN GYM	
1:00 PM															1:00 PM
2:00 PM			PICKLEBALL												2:00 PM
										OPEN GYM					
3:00 PM															3:00 PM
							OPEN GYM				OPEN GYM		OPEN GYM		
4:00 PM															4:00 PM
	OPEN GYM		FITNESS							PICKLEBALL					
5:00 PM															5:00 PM
6:00 PM															6:00 PM
					TABLE TENNIS										
7:00 PM															7:00 PM
			ADULT BASKETBALL												
8:00 PM															8:00 PM
9:00 PM															9:00 PM

KEY	
FITNESS	TABLE TENNIS
DROP IN	PROGRAM
	PICKLEBALL

Boot Camp, TRX, Pickleball, and adult basketball are all drop-in activities included with admission.